



**SAUC'D LOWNSLOW**



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# OUR STORY

From the very first moment I sat down to help my Dad in the kitchen, I discovered the magic of food. It became more than just a passion; it became a lifeline. After a challenging period in my life that took a toll on my mental health, food became my path to recovery and rediscovering my self-worth.

This journey inspired me to create SAUC'D LOWNSLOW spice blends, seasonings, and salts in 2020 alongside my family. At SAUC'D LOWNSLOW, we're all about turning kitchen challenges into culinary victories. We understand the diverse needs of families, busy cooks, health-conscious individuals, and grill masters. As a family-owned business, we're here to share our love for food and help you experience the goodness it can bring to your life. Say hi at [www.saucdlownslow.com.au](http://www.saucdlownslow.com.au).

Born in the UK and living in sunny Australia

From the very first moment I sat at the kitchen table to help my dad cook, I knew that food would be a significant part of my life.

It didn't take long to realise that spices are an integral part of the food we eat and love. I want everyone to taste and share my passion for creating flavour and its endless possibilities.

After an accident that seriously affected my mental health, I found food a place where I could recover and feel valuable again, so with the drive to help others see how food can affect our lives for good, I started SAUC'D LOWNSLOW bbq spice blend and seasoning store with my Family in 2020.

My single goal is to provide food education and provide as many as possible with the basic skills to create delicious food and find value through what they create and share with their friends and Family.

With a mission to provide food education and offer everyone high-quality, fresh, local and affordable spice blends. We're passionate about creating flavour and its endless possibilities, and our goal is to help people find their value through what they create and share with their friends and Family. Come and explore our store today and discover the true meaning of delicious!

Thank you from our Family



# Spice Blends and Seasonings





# Salt Blends





**We would love you to  
stock our spice blends!**

**NO MINIMUM ORDER**

**NO MSG OR FILLERS**

**LOWER IN SUGAR & SALT**

**NO COLOURS OR PRESERVATIVES**

**ALL NATURAL, HANDMADE**

**FRESHLY GROUND**

**MADE IN BRISBANE**



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**Made with 100% natural cherries, this blend is a true cherry and spice explosion that will tantalize your senses and leave you wanting more.**

**Experience the tantalizing combination of sweet cherry notes and a rich smoky undertone, complemented by a delightfully spicy finish.**









## **The Gentlemen's Blend!**

**This beautiful coffee-based blend is the perfect addition to your Low'n'Slow weekend cooks or even just to sprinkle on a juicy steak. With deep, rich, earthy notes and hints of coffee, chocolate, and smoke,**







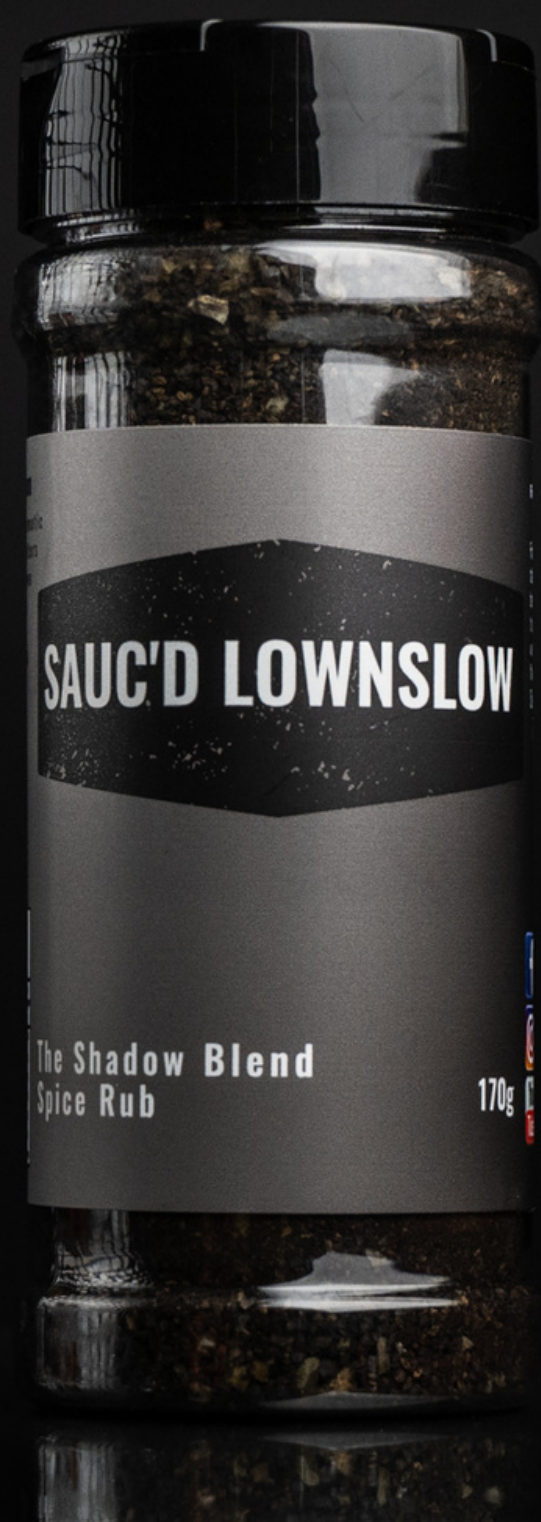


**The One Eighty Blend. This blend promises to take your taste buds on a roller coaster of flavour with its spicy, smoky, and zesty profile. Whether you're grilling up some lamb, roasting or grilling chicken, or frying up your favorite fish,**









**The Shadow Blend! This aromatic spice blend is designed to elevate your cooking game to the next level, with its bold, earthy, and aromatic flavour profile. With a blend of pepper and warm bitters, The Shadow Blend is the perfect seasoning for any red meat, creating a mouth-watering crust that's sure to impress.**









**The Spilt Gin Blend.**  
**Inspired by the relaxing cold gin on an annual camping trip or on a breezy deck after a long week, this spice blend is sure to be your new go-to seasoning. With a fresh, vibrant, and fragrant profile and hints of juniper and citrus, it creates a flavour that's simply irresistible.**









**The Hot Chicken Blend.**  
Inspired by the famous Nashville Hot Chicken, The Hot Chicken Blend is not only hot but also packed full of flavour. With an intense yet delicately balanced profile, it's sure to satisfy any spice lover. The flavour profile is hot, fiery, and addictive, with chilli and aromatic spices, as well as fruity and fragrant notes.







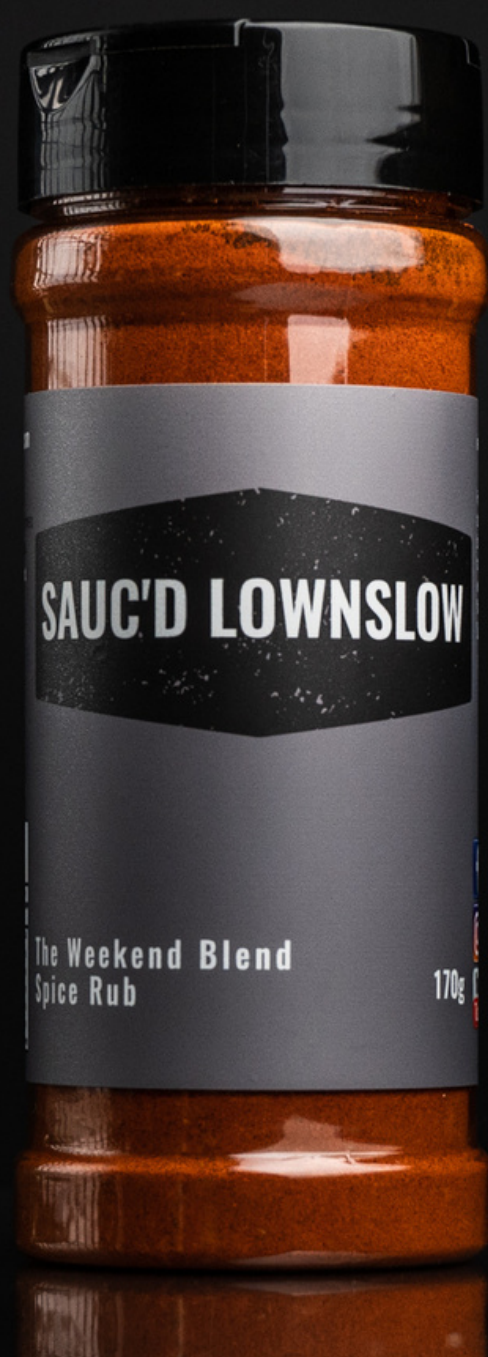


**The Sugar & Spice Blend.  
Created with love in our  
kitchen, this blend will  
transport you back to the good  
old days with its rich vanilla  
and winter spice notes, with  
just a touch of toffee apple  
sweetness. Perfect for both  
sweet and savoury dishes,  
Sprinkle it on your pancakes,  
mix it into your muffin batter,  
or add it to your apple pie  
filling for an extra special  
touch.**









## **The Weekend Blend**

**Whether you're cooking up a roast chicken, pork, or steak or just looking to make those veggies a little more exciting for the kids, The Weekend Blend has got you covered. And with its rich umami finish, every bite will be bursting with flavour. You'll be amazed at how this blend takes even the most basic dish to the next level.**

**Light and Smoky**







# The Salt Range





**Introducing: The Not Chicken, Chicken Salt - Experience the savoury punch of this unique blend that combines spices and herbs to recreate the familiar goodness of chicken salt. It's vegan and vegetarian-friendly and a meat lover's dream blend that adds flavour and depth to everything from meats to vegetables, salads, and dressings.**

**Made entirely from natural ingredients, it's a guilt-free indulgence for all.**









**Introducing: The Smoked Fennel Salt -  
Get ready for an extraordinary culinary  
adventure! Our fennel salt is a testament  
to artful craftsmanship, as we  
meticulously process fennel in three  
distinct ways to craft a truly exquisite  
and sophisticated flavor profile. Prepare  
to be delighted by its extraordinary,  
elegant, and refined taste that elevates  
every dish it graces. It's the perfect  
companion for roast pork, vegetables,  
potatoes, and dressings, adding a touch  
of sophistication to your culinary  
creations.**



